

SCHEDULING STATUS: S0 Category D: Complementary medicine

PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

Rumamend Cream

Geranium Oil	2.5%
Magnesium Chloride	1.2%
Castor Oil	0.5%

Read all the information in this leaflet carefully as it contains important information regarding your medicine

- Keep this leaflet. You may need to read it at a later stage.
- If you have any further questions about this medication, ask your pharmacist

WHAT DOES RUMAMEND CREAM CONTAIN

The active substances are Geranium Oil (2.5%), Magnesium Chloride (1.2%) and Castor Oil (0.5%)

WHAT IS RUMAMEND CREAM USED FOR

Rumamend cream is intended to aid with mobility in painful muscles and joints. Due to its anti-inflammatory and analgesic properties it may also reduce pain and inflammation due to sunburn.

BEFORE YOU USE RUMAMEND CREAM

Do not use this product:

- If you are hypersensitive (allergic) to any of the ingredients listed
- On open wounds or any areas where it may irritate mucous membranes
- If you have hyper sensitive skin

Contraindications

The safety of this product during pregnancy has not been established and should therefore be avoided

Special care should be taken in the following instances, always consult with a pharmacist or other health care professionals

- Excessive sunburn where blistering and open wounds may be present

PREGNANCY AND LACTATION

- Safety during pregnancy and breastfeeding has not been established

USING OTHER MEDICATIONS WITH RUMAMEND CREAM

Always tell your healthcare professional if you are taking any other medicine. (this includes complementary or traditional medicines).

- Avoid applying this cream in conjunction with any other preparations to ensure that the best results are achieved.

HOW TO USE RUMAMEND CREAM

Apply 2-4 hourly to affected areas. It should be noted that the cream has to be massaged deep into the skin to avoid irritation. Not to be used on open wounds.

POSSIBLE SIDE EFFECTS

Skin irritation, redness, minor rash or itching may occur. Mucous membranes such as the eyes, nose and mouth should be avoided.

Not all side effects reported for Rumamend are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your pharmacist or other health care professional for advice.

STORING AND DISPOSING OF RUMAMEND CREAM

Store at or below 25 °C in a dry place
Protect from direct sunlight
Do not use after expiry date stated on outer packaging

Any unused or expired medicine should be returned to your pharmacist for the safe and responsible destruction thereof. Do not dispose of unused medicine in drains or sewage systems.

PRESENTATION AND IDENTIFICATION OF RUMAMEND CREAM

Rumamend Cream is available in tubs of 125 g.

Rumamend is presented as a white cream with a distinct Geranium scent.

REGISTRATION

This medicine has not been evaluated by the South African Health Product Regulatory Authority (SAHPRA). This medicine is not intended to diagnose, treat, cure or prevent any disease.

NAME AND ADDRESS OF REGISTRATION HOLDER

Manufactured by Columbia Pharmaceuticals (Pty) Ltd
on behalf of Loock Pharmaceuticals (Pty) Ltd



LOOCK PHARMACEUTICALS

PO BOX 902
Waterfall Mall
Rustenburg
0323

BYLAE STATUS :  Kategorie D: Aanvullende medisyne

EIENAAM, STERKTE EN FARMASEUTIESE FORM

Rumamend Room

Geraniumolie	2.5%
Magnesiumchloried	1.2%
Kasterolie	0.5%

Lees al die inligting in die voubiljet noukeurig deur, aangesien dit belangrike inligting oor u medisyne bevat

- Hou die voubiljet, jy mag dit later wil deurlees
- Indien u verdere vrae het oor hierdie medikasie, vra u apteker

WAT BEVAT RUMAMEND ROOM

Die aktiewe bestanddele is Geraniumolie (2.5%), Magnesiumchloried (1.2%) en Kasterolie (0.5%)

WAARVOOR WORD RUMAMEND ROOM GEBRUIK

Die room word aangewend om te help met mobiliteit in pynlike spiere en gewrigte. As gevolg van die anti-inflammatoriese en pynstillende eienskappe, kan dit pyn en inflammasie verlig wat deur sonbrand veroorsaak word.

VOORDAT U RUMAMEND ROOM GEBRUIK

Moet nie die produk gebruik indien:

- Jy hipersensitief (allergies) is vir enige van die bestanddele
- Jy oop wonde het of op areas waar dit slymvliese kan irriteer
- 'n Sensitiewe vel het

TEENAANWYSINGS

Die veiligheid van hierdie produk tydens swangerskap is nog nie vasgestel nie en daarom moet dit eerder vermy word

Spesiale voorsorg moet in die volgende gevalle geneem word, raadpleeg altyd jou apteker of ander professionele gesondheidswerkers

- Ernstige sonbrand waar blase en oop wonde teenwoordig kan wees

SWANGERSKAP EN LAKTASIE

- Veiligheid tydens swangerskap en borsvoeding is nog nie vasgestel nie

GEBRUIK VAN ANDER MEDIKASIE MET RUMAMEND ROOM

Stel altyd jou gesondheidsorgwerkers in kennis as jy enige ander medisyne gebruik (dit sluit aanvullende of tradisionele medisyne in)

- Vermy die gebruik van hierdie room in kombinasie met ander voorbereidings om te verseker dat die beste resultate verkry word.

HOE OM RUMAMEND ROOM TE GEBRUIK

Wend 2-4 uurliks op geaffekteerde areas aan. Daar moet opgelet word dat die room diep in die vel in gemasseer moet word om sodoende irritasie te voorkom. Moet nie op oop wonde aanwend nie.

NEWE-EFFEKTE

Velirritasie, rootheid, geringe uitslag of jeuk kan voorkom. Slymvliese soos die oë, neus en mond moet vermy word.

Alle moontlike nuwe-effekte van Rumamend word nie in die voubiljet bespreek nie. Indien u algemene gesondheid versleg of as u enige ongewenste simptome ervaar tydens die gebruik van hierdie produk, raadpleeg u apteker of ander professionele gesondheidswerkers.

DIE BERGING EN WEGDOEN VAN RUMAMEND ROOM

Stoor by of onder 25 °C op 'n droë plek

Beskerm teen direkte sonlig

Moet dit nie na die vervaldatum op die buitenste verpakking gebruik nie

Enige ongebruikte of vervalde medikasie moet na jou apteker geneem word vir veilige en verantwoordelike vernietiging daarvan. Moet nie ontslae raak van ongebruikte medisyne in dreine of rioolstelsels nie.

AANBIEDING EN IDENTIFIKASIE VAN RUMAMEND ROOM

Rumamend room is beskikbaar in houers van 125 g.

Rumamend kom voor as 'n wit room met 'n duidelike Geranium-reuk

REGISTRASIE

Hierdie medisyne is nie geëvalueer deur die Suid-Afrikaanse Gesondheidsprodukte-beheerraad (SAHPRA) nie. Hierdie produk is nie bedoel vir die diagnose, behandeling, genesing of voorkoming van enige sieketetoestand nie.

NAAM EN ADRES VAN REGISTRASIEHOUER

Vervaardig deur Columbia Pharmaceuticals (Pty) Ltd
namens Loock Pharmaceuticals (Pty) Ltd



LOOCK PHARMACEUTICALS

Posbus 902
Waterfall Mall
Rustenburg
0323